

From the Editor: A wonderful resource to have in town

Megan Bernard, Editor
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The Green Bay Trail is truly a gem in the community — there's no secret behind that.

The 9.7-mile path that runs through Glencoe, Winnetka, Kenilworth, Wilmette and north to Highland Park offers an outdoor haven for bike riders, joggers, rollerbladers and those just looking to take a scenic stroll outside.

Last weekend, the Friends of the Green Bay Trail hosted a special event welcoming nearly 400 people to the area for Trail Day. New this year was the sponsorship and inclusion of 13 local businesses, who provided treats, prizes and more.

Our reporter Alexa Burnell and photographer Rhonda Holcomb were in attendance on behalf of The Glencoe Anchor for coverage. They provided wonderful content to share for our news cover story, in case you missed it.

At the event, Betsy Leibson, the organization's founder, said the day was a "true collaboration" between the Friends, other local organizations and businesses. It was great to see so many people come together to provide a great experience for residents and those just passing by on the trail.

In the story, Friends volunteer Cameron Avery echoed the sentiments of other Friend's members and Leibson, adding that the trail provides just what is needed for over-stressed lives, Alexa reported.

"Simply put," Avery said, "the Green Bay Trail feeds the soul."

Avery's words were powerful; I was taken aback. The Green Bay Trail is exactly what we need to utilize in our busy schedules. It's important to carve out that time to enjoy some fresh air and what our towns have to offer.

The best part: The trail is open year-round and it's beautiful whether it's summer or winter.